

Hello Victoria Families:

A Note from the Nurse (Karen Sprague) who will be dispensing medications for those who have authorized it:

There are certain medications that the kids are allowed to transport for themselves. They are:

1. Inhalers
2. Epi Pens
3. Birth Control Pills
4. Topical Creams or Ointments
5. Cough Drops
6. Dietary Supplements (AKA vitamins, minerals, multi-vitamins, etc.)

FAA Rules prohibit transportation of liquids over 3 ounces. As such those medications will have to be packed in luggage. The nurse can't carry those on the plane for multiple students.

There will be a supply of the following common medications with the nurse. Please do not supply them individually.

1. Ibuprofen (aka Advil, Motrin)
2. Acetaminophen (aka Tylenol)
3. Loratadine (aka Claritin, Alavert)
4. Cetirizine (aka Zyrtec, Aller-Tec)
5. Fexofenadine (aka Allegra)
6. Diphenhydramine (aka Benadryl, Aler-tabs)
7. Tums Antacid Tablets

Please understand that the nurse will be handling medications for approximately 85 students and her carry-on is only so big.

If you have any questions feel free to e-mail Karen Sprague directly at kspraguefnp@gmail.com.

Thank you